

Mental health resources: Yukon

Name	Contact	Information	Location	Type of resource	Type of support	Target demographic	Serves adults (18+)	Serves children (0–12)	Serves youth (13–17)	Serves families	Language (s) spoken
Access Counselling Services in the Yukon	yukon.ca/en/health-and-wellness/mental-wellness/access-counselling-services-yukon-or-1-866-456-3838	A navigation tool on counselling services from the Government of Yukon. Information is available online or by phone.	Yukon	In-person service and telephone	Counselling	General population	Yes	—	—	—	English , French
Canadian Mental Health Association Yukon	yukon.cmha.ca	CMHA is an organization that has many mental health resources, services, and projects.	Yukon	Resource hub	Wellness support	General population	Yes	Yes	Yes	Yes	English