

Mental health resources: Northwest Territories

Name	Contact	Information	Location	Type of resource	Type of support	Target demographic	Serves adults (18+)	Serves children (0–12)	Serves youth (13–17)	Serves families	Language (s) spoken
Community Counselling Program	hss.gov.nt.ca/en/services/community-counselling-program-ccp	Provides free access to mental health services (phone, in-person) in all of the regions of the NWT.	Northwest Territories	Online services and in-person services	Counselling	General population	Yes	Yes	Yes	Yes	English, French
Government of Northwest Territories: Health and Social Services	hss.gov.nt.ca/en/services/mental-wellness-and-addictions-recovery	A navigation tool with links to helplines, online support, community support, and counselling in the NWT.	Northwest Territories	Navigation tool	Wellness support	General population	Yes	Yes	Yes	Yes	English, French